

GUARDIAN

FALL PROTECTION



Product Name: Cable Ladder System

Part #: 04810; 04820; 04830

Instruction Manual

Do not throw away these instructions!

Read and understand these instructions before using equipment!

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Introduction

Thank you for purchasing a Guardian Fall Protection Cable Ladder System. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.


This and any other included instructions must be made available to the user of the equipment. The user must understand how to safely and effectively use the Cable Ladder System, and all fall safety equipment used in combination with the Cable Ladder System.

User Information	
Date of First Use:	_____
Serial #:	_____
Trainer:	_____
User:	_____

Applicable Safety Standards

When used according to instruction specifications, this product meets or exceeds all applicable OSHA 1926 Subpart M, OSHA 1910, ANSI Z359.1-2007, and ANSI A10.32-2012 standards for fall protection. Applicable standards and regulations depend on the type of work being done, and also might include state-specific regulations. Consult regulatory agencies for more information on fall protection systems and associated components.

Worker Classifications

 CAUTION	Understand the following definitions of those who work near or who may be exposed to fall hazards.
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Qualified Person: A person with an accredited degree or certification, and with extensive experience or sufficient professional standing, who is considered proficient in planning and reviewing the conformity of fall protection and rescue systems.

Competent Person: A highly trained and experienced person who is ASSIGNED BY THE EMPLOYER to be responsible for all elements of a fall safety program, including, but not limited to, its regulation, management, and application. A person who is proficient in identifying existing and predictable fall hazards, and who has the authority to stop work in order to eliminate hazards.

Authorized Person: A person who is assigned by their employer to work around or be subject to potential or existing fall hazards.

It is the responsibility of a Qualified or Competent person to supervise the job site and ensure all applicable safety regulations are complied with.

Product Specific Applications

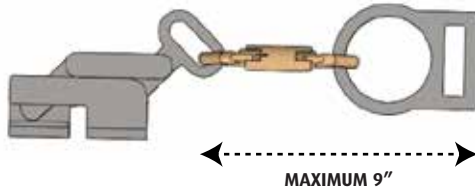


Use of equipment in unintended applications may result in serious injury or death. Maximum 1 attachment per connection point.



Personal Fall Arrest: Cable Ladder Systems may be used to support a MAXIMUM 1 Personal Fall Arrest System (PFAS) for use in Fall Arrest applications. Structure must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum free fall is 18". Maximum distance between harness D-ring and fall arrester is 9". Applicable D-ring: Chest.

For all applications: worker weight capacity range (including all clothing, tools, and equipment) is 130-310 lbs.



When connecting to Cable Ladder System, NEVER use any connector that will allow a distance of more than 9" from front D-ring to cable grab. Guardian recommends using carabiner part #: 01813-S-HS to connect to cable grab.

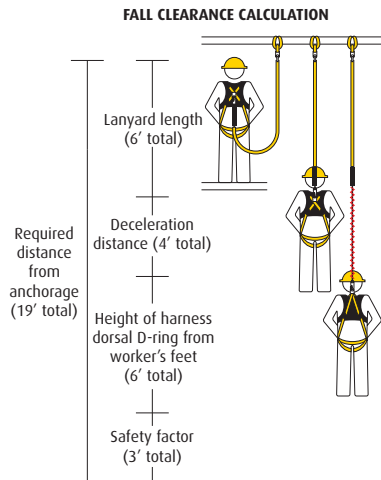
MUST be used in combination with compatible fall arrester, such as a Guardian Fall Protection Cable Grab (#01510).

Limitations

Fall Clearance: There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for a MINIMUM 3' safety factor, deceleration distance, user height, length of lanyard/SRL, and all other applicable factors.

Diagram shown is an example fall clearance calculation ONLY.

Swing Falls: Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to in line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall.



Compatibility: When making connections with Cable Ladder System, eliminate all possibility of roll-out. Roll-out occurs when interference between a hook and the attachment point causes the hook gate to unintentionally open and release. All connections must be selected and deemed compatible with Cable Ladder System by a Competent Person. All connector gates must be self-closing and self-locking, and withstand minimum loads of 3,600 lbs. See the following for examples of compatible/incompatible connections:

Connector closed and locked to D-ring. **OK.**



Connector to integral lanyard. **NO.**

Two connectors to same D-ring. **NO.**



Connector directly to webbing. **NO.**

Incompatible or irregular application, which may increase risk of roll-out. **NO.**



Connector directly to horizontal lifeline. **NO.**

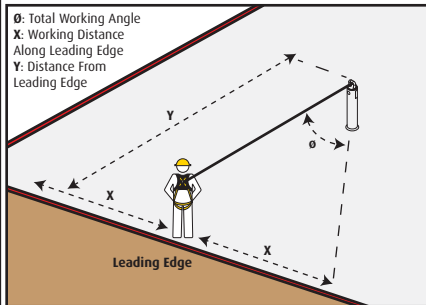
Two or more snap hooks or carabiners connected to each other. **NO.**



Correct Anchorage Positioning:

This chart details allowable working zones required to reduce risk of swing falls and improper side loading. ALWAYS adhere to information specified by chart.

Anchor Distance From Leading Edge (Y)	Working Distance Along Roof Edge (Either Direction) (X)	Working Angle From Perpendicular (θ)
6'	8'	53°
10'	9' - 9"	45°
15'	11' - 7"	38°
20'	13' - 3"	33°
25'	14' - 6"	30°
30'	16'	28°
35'	17' - 2"	26°
40'	18' - 3"	24°
45'	19' - 4"	23°
50'	19' - 10"	21°
55'	21' - 4"	21°
60'	22' - 3"	21°

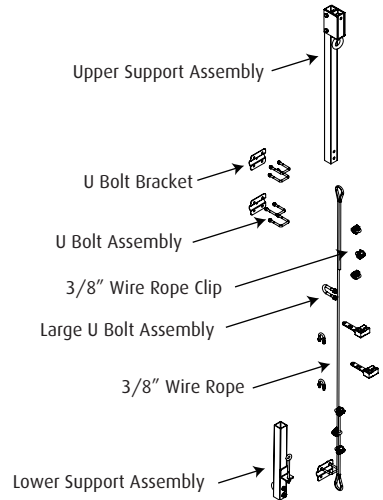


For example, if the anchorage connector is 6' from the leading edge (Y), the working distance (X) is 8' in each direction from the perpendicular, which translates to a 53° working angle.

Components and Specifications

Materials: galvanized steel.

Part #	Length	Description
04810	100'	Cable Ladder System Kit
04820	200'	Cable Ladder System Kit
04830	300'	Cable Ladder System Kit



Installation and Use

Prior to installation, plan your system:

1. All PFAS equipment must be selected and deemed compatible with the Cable Ladder System by a Competent Person.
2. Eliminate or minimize all risk of swing fall.
3. Ensure structure to which the Cable Ladder System is to be installed is free of all damage, including, but not limited to, rot, rust, cracking, sharp or abrasive edges and surfaces, and hazardous materials.

Installation:

All installation MUST be done under the supervision of a Qualified Person.

1. Fully inspect all components of the Cable Ladder System; ensure there are (3) Mounting Brackets, (6) U-Bolts; (12) nuts and lock washers for U-Bolts, (1) Small U-Bolt for Bottom Assembly with (2) nuts and lock washers; (2) Cable Clamps with corresponding nuts and lock washers; (1) Intermediary Cable Bracket for ever 25' of cable ordered.
2. Attach Top Assembly with two Mounting Plates and supplied fasteners. Tighten using hand tools until snug. NEVER over-tighten.



3. Attach Bottom Assembly with (1) Small U-Bolt and (1) Mounting Plate and supplied fasteners. Tighten with hand tools until snug. NEVER over-tighten.

4. Loop the non-terminated end of cable through the eyelet, pull tight, and terminate with supplied Cable Clamps. Ensure Eye Bolt is at its minimum adjustment. The eye will be at its highest point in relation to the Mounting Bracket.

5. Tighten eyelet until two spring washers are sitting flush against each other.

6. Attach ladder to structure using supplied fasteners.



Maintenance, Cleaning, and Storage

If Cable Ladder System fails inspection in any way, immediately remove it from service, and contact Guardian to inquire about its return or repair.

Cleaning after use is important for maintaining the safety and longevity of Cable Ladder System. Remove all dirt, corrosives, and contaminants from Cable Ladder System before and after each use. If Cable Ladder System cannot be cleaned with plain water, use mild soap and water, then rinse and wipe dry. NEVER clean Cable Ladder System with corrosive substances.

When not in use, store equipment where it will not be affected by heat, light, excessive moisture, chemicals, or other degrading elements.

Inspection

Prior to EACH use, inspect Cable Ladder System for deficiencies, including, but not limited to, corrosion, deformation, pits, burrs, rough surfaces, sharp edges, cracking, rust, paint buildup, excessive heating, alteration, fraying, bird-caging, and missing or illegible labels. IMMEDIATELY remove Cable Ladder System from service if defects or damage are found, or if exposed to forces of fall arrest.

Ensure that applicable work area is free of all damage, including, but not limited to, debris, rot, rust, decay, cracking, and hazardous materials. Ensure that selected work area will support the application-specific minimum loads set forth in this instruction manual. Work area MUST be stable.

At least every 6 months, a Competent Person other than the user must inspect Cable Ladder System. **Competent Person inspections MUST be recorded in inspection log in instruction manual and on equipment inspection grid label. The Competent Person must sign their initials in the box corresponding to the month and year the inspection took place.**

During inspection, consider all applications and hazards Cable Ladder System has been subjected to.

Inspection Log

Date of First Use: _____.

Product lifetime is indefinite as long as it passes pre-use and Competent Person inspections. User must inspect prior to EACH use. Competent Person other than user must complete formal inspection at least every 6 months. Competent Person to inspect and initial.

This inspection log must be specific to one Cable Ladder System. Separate inspection logs must be used for each Cable Ladder System. All inspection records must be made visible and available to all users at all times.

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If equipment fails inspection IMMEDIATELY REMOVE FROM SERVICE.

Safety Information



Failure to understand and comply with safety regulations may result in serious injury or death. Regulations included herein are not all-inclusive, are for reference only, and are not intended to replace a Competent Person's judgment or knowledge of federal or state standards.

Do not alter equipment. Do not misuse equipment.

Workplace conditions, including, but not limited to, flame, corrosive chemicals, electrical shock, sharp objects, machinery, abrasive substances, weather conditions, and uneven surfaces, must be assessed by a Competent Person before fall protection equipment is selected.

The analysis of the workplace must anticipate where workers will be performing their duties, the routes they will take to reach their work, and the potential and existing fall hazards they may be exposed to. Fall protection equipment must be chosen by a Competent Person. Selections must account for all potential hazardous workplace conditions. All fall protection equipment should be purchased new and in an unused condition.

Fall protection systems must be selected and installed under the supervision of a Competent Person, and used in a compliant manner. Fall protection systems must be designed in a manner compliant with all federal, state, and safety regulations. Forces applied to anchors must be calculated by a Competent Person.

Unless explicitly stated otherwise, the maximum allowable free fall distance for lanyards must not exceed 6'. No free fall allowed for non-LE SRLs. Class A SRLs must arrest falls within 24"; Class B SRLs must arrest falls within 54".

Harnesses and connectors selected must be compliant with manufacturer's instructions, and must be of compatible size and configuration. Snap hooks, carabiners, and other connectors must be selected and applied in a compatible fashion. All risk of disengagement must be eliminated. All snap hooks and carabiners must be self-locking and self-closing, and must never be connected to each other.

A pre-planned rescue procedure in the case of a fall is required. The rescue plan must be project-specific. The rescue plan must allow for employees to rescue themselves, or provide an alternative means for their prompt rescue. Store rescue equipment in an easily accessible and clearly marked area.

Training of Authorized Persons to correctly erect, disassemble, inspect, maintain, store, and use equipment must be provided by a Competent Person. Training must include the ability to recognize fall hazards, minimize the likelihood of fall hazards, and the correct use of personal fall arrest systems.


NEVER use fall protection equipment of any kind to hang, lift, support, or hoist tools or equipment, unless explicitly certified for such use.

Equipment subjected to forces of fall arrest must immediately be removed from use.

Age, fitness, and health conditions can seriously affect the worker should a fall occur. Consult a doctor if there is any reason to doubt a user's ability to withstand and safely absorb fall arrest forces or perform set-up of equipment. Pregnant women and minors must not use this equipment.

Physical harm may still occur even if fall safety equipment functions correctly. Sustained post-fall suspension may result in serious injury or death. Use trauma relief straps to reduce the effects of suspension trauma.

Labels



GUARDIAN
FALL PROTECTION

1-800-466-6385 6305 S. 231st St.
www.guardianfall.com Kent, WA 98032

Cable Ladder System
Part #: 04810, 04820, 04830

Prior to use, read and understand all manufacturer's instructions provided with equipment at time of shipment.

Compliant with all applicable OSHA 1910, OSHA 1926 Subpart M, ANSI Z359.1-2007, and ANSI A10.32-2012 regulations.

Date of Manufacture:


Worker capacity range:
(including all equipment) 130-310 lbs.
Maximum free fall is 18". Maximum distance between harness D-ring and fall arrester is 9".

Materials: Galvanized steel.

All PFAS equipment must be selected and deemed compatible by a Competent Person.

All installation, set-up, and use of Cable Ladder System must be done under supervision of a Qualified Person.


Refer to instructions for compatible connections and correct installation process.



WARNING

Always avoid all hazards, including, but not limited to, chemicals, corrosive substances, excessive heat, electric shock, and sharp and abrasive edges and surfaces.

90329 (Rev. B)



INSPECTION GRID

User must inspect prior to EACH use. Competent Person must complete formal inspection every 6 months. Competent Person to inspect and initial.

Date of First Use: _____

Product lifetime is indefinite as long as equipment passes pre-use and Competent Person inspections.

YR	20__	20__	20__	20__	20__
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If equipment fails inspection
IMMEDIATELY REMOVE FROM SERVICE

DO NOT REMOVE LABELS